

Shaping futures

From ideas to action

Infopack

Youth Exchange for young people from Germany, Bulgaria and Lithuania

Where? Youth education centre of the German Trade Union Confederation in Flecken Zechlin/Germany

When? July 11th (travel day) to July 18th (departure day), 2026

Who? Young people from 15 to 21 years old who are already active citizens (in student parliaments, youth councils, activism or other youth groups) or who want to become active but need more resources to do so.

Topic? Young people across Europe are important voices and actors. You are the ones most affected by how the future is being created. This exchange aims to empower you to get involved and partake in shaping the future(s). The program will include social activities to exchange experiences, workshops and a daytrip to Berlin. You are invited to put forward your ideas for the program, share your knowledge or hold your own workshop, if you like.

Schedule

Day 1: Arrival

Day 2: Getting to know each other

Day 3: Trip to Berlin and visit to Futurium

Day 4 - 6: Workshops

Day 7: Sharing of the workshop results, reflections and discussions

Day 8: Departure

Typical Daily Schedule

08:00 Breakfast

09:00 Warm up, morning meeting, work starts

12:00 Lunch break

15:00 Work continues

18:00 Dinner

20:00 Voluntary evening program

About us

The DGB-Jugendbildungsstätte Flecken Zechlin is the Youth education centre of the German Trade Union Confederation. We offer opportunities in non-formal education for students, trainees and other young people. We have over thirty years of experience in this line of work.

The education centre is located in the rural area of the German state of Brandenburg about 100km away from Berlin. We are in the middle of nature with a forest and two lakes. We can offer opportunities to go swimming, canoeing, go for a walk and have a campfire.

Food, Bedrooms, Accessibility

- Participants will be accommodated in rooms with 2 to 4 other participants from their own countries.
- We have toilets for all genders.
- Unfortunately the education centre is not ideal for wheelchair users, but we have one bedroom for up to four people that is accessible for wheelchair users.
- We offer three meals per day with lunch being the biggest and only cooked meal. Additionally we have cake in the afternoon.
- All of our food is without pork. We can provide vegetarian and vegan food and take care of extra requirements and allergies. Unfortunately, we cannot guarantee food which is strictly halal or strictly kosher.

What To Pack

- Mosquito Spray
- Long clothing to protect against mosquitoes
- sheets and towels
- reusable water bottles
- Swimwear
- Rainproof Clothing

Freetime Activities at our location





@jbs_flecken



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